

Update

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April 2026

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CHECK OUT OUR WEBSITES:

AAUW Michigan
<https://www.aauwmi.org>

AAUW National
<https://www.aauw.org>
connect@aauw.org

AAUW Northville–Novi
<https://aauwnn.org/>
info@aauwnn.org

AAUW–NN
P.O. Box 511
Northville, MI 48167

AAUWNN MEETING Tuesday, April 14 at 6:45 p.m. Genitti’s Hole in the Wall

Programs VP
Mary Ann MacLaren
info@aauwnn.org

LIVING WELL LONGER: SIMPLE KEYS TO STRENGTH AND VITALITY RACHEL OMELL

What if the key to living longer wasn’t just about adding years to your life—but adding life to your years?

In this engaging 30-minute talk, Integrative Health Practitioner and fitness professional Rachel Omell will share simple, science-backed strategies to help you stay strong, energized, and independent as you age.

Learn how proper nutrition, strength training, and daily lifestyle habits can support mobility, brain health, and overall vitality.

Whether you’re looking to improve your energy, protect your muscles and bones, or simply feel your best, you’ll walk away with practical tips you can start using right away.

Mary Jane Kearns is the facilitator.



ABOUT THE APRIL MEETING

If you are hesitating about coming to the meeting on APRIL 14 because you need a ride to the meeting or you feel you can’t walk very far, send an email to info@aauwnn.org by APRIL 10. The meeting is at Genitti’s Hole in the Wall. We will even park your vehicle.

Northville–Novi (MI) Update



NORTHVILLE–NOVI (MI)

<https://aauwnn.org/>

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AAUW Mission

The AAUW MISSION is to advance gender equality for women and girls through advocacy, education, and research.

AAUW Diversity Statement

AAUW values and seeks an inclusive membership, workforce, leadership teams and board of directors. There shall be no barriers to full participation in this organization on the basis of age, disability, ethnicity, gender, gender identity, geographical location, national origin, race, religious beliefs, sexual orientation, and socioeconomic basis. Update is published monthly, August through June, for the members and friends of the American Association of University Women Northville–Novi (MI)

President's Message

Karen Zyczynski
zyczynski2002@aol.com



WELCOME SPRING

The tulips and daffodils in my garden are about four inches tall. The flowering bushes have buds on them and the birds are busy building their nests. Mr. and Mrs. Mallard Duck have moved back into the pond next to our house and are getting ready to start a family. The afternoon temperatures are just a bit warmer than they were a few weeks ago and my dog and I find our daily walks to be much more pleasant.

For AAUWNN this is always a busy time of year. We are in the final stages of planning our biggest fundraiser, the Michigan Fashion Designer Showcase Luncheon. If you have not yet purchased your tickets, time is running out. There are still some available.

People are already signing up for our May 2 Mah Jongg tournament. Our Annual Membership Meeting is scheduled for May 12 and you can find your invitation in this newsletter **on page 5**. I hope you will join us to celebrate the year gone by and help us recognize our Named Honoree and our Community Enrichment Award Recipient. We will also be recognizing our Novi and Northville High School Scholarship Recipients and electing new officers. And, let's not forget to celebrate the fact that AAUWNN is in its fiftieth year!

Elsewhere in the newsletter (**Page 4**) you can find more detailed information on selecting our Named Honoree. Please take a moment to read through it and let me know if there is someone you would like to nominate. *Deadline April 21!*

At our last board meeting we discussed doing more to focus attention on our Interest Groups. Caryn Doehler volunteered to be the Interest Group Chairperson. During the next few months we will be highlighting one or two Interest Groups in our Newsletter. Caryn will be reaching out to the Interest Groups for a group photo and some details about the group.

Happy Spring!

Karen...



Northville–Novi (MI) Update

MICHIGAN FASHION DESIGNER SHOWCASE LUNCHEON

Our biennial major fundraising event is Saturday, April 25, 2026, 9:15 a.m. – 1:15 p.m. at the VistaTech Center, DiPonio Room, Schoolcraft College.

Ticket sales are brisk, purchase yours before they are gone. **We have extended to April 6th** the last day to purchase tickets. Go to <https://aauwnn.org/community-events/mfds/> for details.

Seat count for meals have to be in to VistaTech by April 9th.

Contact Mary Ann MacLaren or email info@aauwnn.org with any questions.



BECOME A FRIEND OF MICHIGAN FASHION SHOWCASE LUNCHEON

Become a 'Friend.' Get your friends, neighbors, and family to join you. For those of you who we have not seen at meetings, I have attached a portion of the sign-up sheet. You can send that along with your check for \$20 (or more, if you'd like 12) to AAUWNN, Friends of Fashion , P.O. Box 511, Northville, MI 48167. For those who will be joining us in Feb, you can bring it with you then. We will list the names of all contributors in the program booklet on the day of the event. The deadline for contributions is **APRIL 4TH**

Friends of

Michigan Fashion Designer Showcase Lunch - \$20

1.	_____	PAID
2.	_____	
3.	_____	
4.	_____	
5.	_____	
6.	_____	
7.	_____	
8.	_____	
9.	_____	
10.	_____	

ELECTION OF OFFICERS

MEMBERSHIP VP:

Jackie Duggan is a Certified Financial Planner and local business owner dedicated to helping individuals make confident financial decisions through every stage of life. Personally, she resides in Wolverine Lake with her husband and son and spends much of her time reading, quilting and playing strategic games. She values connection, education, and creating spaces where women feel supported and empowered. As a member of AAUW since 2021, she is passionate about strengthening the chapter's sense of community and looks forward to welcoming and engaging members in a meaningful way if chosen as the Vice President of Membership. She is particularly interested in strengthening member engagement and creating sustainable systems to support chapter growth.



Nominations can be taken from the floor at the annual meeting May 12th for **President, Secretary, and Membership VP.**

AAUWNN Named Honoree - Deadline April 21, 2026

Selection Process

1. The President shall request of the membership names and credentials of members who meet the criteria for the award.
2. The President will submit the names and credentials to the Executive Committee.
3. The Executive Committee makes the selection.
4. The name of the selected nominee shall be kept confidential until the date of the presentation of the award.

Criteria

1. Awardee must be an active member of the branch.
2. Consideration is based on activities that demonstrate a significant commitment to the advancement of AAUW's mission.
3. Activities may represent a concentrated time frame or an extended number of years.

Recognition

1. Annual Meeting Committee Chair, or designee, shall be responsible for obtaining an appropriate gift
2. The gift is presented at the Annual Meeting.
3. If the Board of Directors chooses to purchase an ad in the annual AAUWMI convention booklet to recognize the named honoree, the Annual Meeting Committee Chair shall have this responsibility.
4. Previous Named Honoree announces the member selected as the Named Honoree at the Annual Meeting.

*The American Association of University
Women Northville–Novi*

Tuesday, May 12, 2026

at the Garage Restaurant
202 West Main Street, Northville, Michigan 48167 5:30 Cash Bar
6 p.m. Dinner
Business Meeting

Scholarship and Award Presentations
Election of Officers
President's Annual Report

Menu Choices

1. Bronze Salmon \$55.00
2. Chicken Alfredo \$50.00
3. Vegetarian T-Bird Bowl \$41.00

Entree includes salad, coffee, tea and soda. Cookie and brownie tray. Cash bar. _____

Detach and return in person at the April meeting or mail with your dinner selection.

Name _____ Phone _____

Dinner choice 1. _____ 2. _____ 3. _____

Reservation deadline April 26, 2026

Make check payable to AAUWNN and mail to AAUWNN Annual Meeting
P. O. Box 511, Northville MI 48167

Northville–Novi (MI) Update

Vice President Membership/Diversity
Emily Doubler
eajw1976@gmail.com



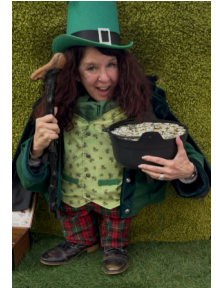
MEMBERSHIP MATTERS



Welcome to new member *Kathleen Jackson*! Kathleen relocated to Northville in 2022 from Milford. She has enjoyed a career in city planning in Commerce, Birmingham and other southeast Michigan communities. Kathleen saw our AAUW display at the Northville library and reached out to us to learn more. She was familiar with AAUW as her mother had been an active member of the AAUW downriver branch.

Kathleen and her husband, John Jackson, own McKenna, a company which provides community planning and building department services. They are proud owners of a historic home in downtown Northville which Kathleen says “is a true labor of love.” Their blended family consists of 5 sons ranging in age from 22 to 31.

Kathleen is a graduate of Michigan State University. Her interests include tennis, cooking, and yoga. Being an avid reader, she quickly became a volunteer at the Northville Library. She also makes lasagna, which John delivers, for an international organization called “Lasagna Love” which provides meals to people in need or those that have a medical issue.



Kathleen is interested in getting involved in the following AAUWNN groups: Great Decisions and Restaurant Rovers. Plus she loves being Irish.

NOTE ABOUT DUES

Beginning April 1, AAUW annual dues will increase by \$2.00 for a total of \$101.00/year. Of that, \$76.00 goes to national, \$15 goes to the state and \$10 goes to our branch. We currently are 79 members strong with 10 lifetime members. That means that our branch dues generate a whopping \$690.00 annually. Clearly that is not nearly enough to support our local initiatives; high school scholarships, career days, NCCWSL support, etc. **This is why we fund raise.**

What can you do to help?

1. Support our upcoming fashion show. Buy a table. Sell a few tickets.
2. Help raise awareness about AAUW and our mission.
3. Help grow our branch membership. Use our trifold to share with others.
4. Share your ideas for future fund raisers.
5. Make “Remember the Ladies” book purchases for the Northville–Novi lower school media centers.
6. If able, make a tax deductible gift or qualified contribution to our AAUWNN Endowment Fund established with the Community Foundation of Michigan. This endowment generates ongoing revenue to support our initiatives.

Public Policy

Mary Jane Kearns

mjkearns1@outlook.com



NEWS YOU CAN USE

Relevant news for women as of mid-March 2026 includes significant developments in healthcare, international rights, and social safety.

Health & Wellness

- **Menopause Breakthroughs:** The FDA has recently approved labeling changes to menopause hormone therapies and a new non-hormonal pill to treat hot flashes and night sweats.
- **Maternal Care Expansions:** Wisconsin has passed a measure to expand Medicaid coverage for new mothers for up to a year after birth, a move that leaves Arkansas as the only state without such a provision.
- **Endometriosis Legal Precedent:** A landmark court case in the U.S. recognized endometriosis as a condition deserving of workplace accommodations after a woman's 13-year journey to receive a diagnosis.
- **Neurological Research:** U.S. Paralympic skier

Rights & Global Safety

- **International Women's Day (March 8):** Demonstrations were held worldwide, with major marches in the UK, Brazil, and Argentina calling for equal pay, reproductive justice, and an end to gender-based violence.
- **Asylum for Iranian Athletes:** Five members of the Iranian women's soccer team were recently granted asylum in Australia following safety concerns after they declined to sing their national anthem during a match.
- **Abortion Law Shifts:** The Faroe Islands enacted a major legal shift, allowing abortion for up to 12 weeks for the first time. Conversely, a state Supreme Court ruling in North Dakota recently reinstated a near-total ban.
- **Afghan Activism:** International pressure continues to mount regarding the Taliban's treatment of women, with recent arrest warrants issued and reports of "weaponized" judicial systems used to oppress women and girls.

Workplace & Society

- **Women-Only Transport:** Uber has expanded its "women-only" ride option nationwide in the U.S. to improve safety and comfort for female passengers and drivers.
- **Corporate Leadership:** New reports from Forbes Women indicate that global representation of women in corporate leadership has remained stagnant, with the U.S. falling behind peers in gender pay gap transparency.
- **Educational Milestones:** In California, the first graduating class of female inmates received bachelor's degrees through a partnership with Cal State, marking a major rehabilitative milestone.

Women news - Today's latest updates

137 women and girls killed every day by partners or family, U.N. says. Every 10 minutes a woman somewhere in the world was killed.

THINKING OF YOU



- Condolences to Vickie Dickieson (an AAUW member since 1952) on the passing of her husband, Harold, in his 100th year.
- Speedy recovery to Diane Hartman on her eye surgery.
- Happy 90th Birthday to Barb Wilson on April 1st

Thank You for the Candles!

Thank you to those who donated your used or unwanted candles to ParLife 26 & Beyond. Your donations were delivered to this group, housed at PARC in downtown Plymouth, where I had the opportunity to meet the 26 & Beyond Program Manager, along with several of the group’s enthusiastic participants. The donated candles will be repurposed to create new candles that will be for sale at Art in the Park in downtown Plymouth July 10-12, 2026. We encourage you to look for the ParLife booth at this summer’s art fair and check out their creations!

VP Programs
Mary Ann MacLaren
info@aauwnn.org

INFO ON FUTURE PROGRAMS

April 14 is the return to evening meetings and it is at Genitti’s. Presentation is “Living Well Longer: Simple Keys to Strength and Vitality.” Also, available via Zoom.

\$\$\$ PASSIVE FUNDRAISING \$\$\$

Shopping, it’s what we all do well, several times a week. We visit Kroger for food and gasoline and browse AAUWNN spirit clothing from Big Frog. You can EASILY add to the coffers of AUWNN by signing up with these two companies. A portion of your purchase will go directly into our account. You do not have to do a thing but shop! You know how to do that, don’t you??? Sign up now!

KROGER

Sign up for the Kroger Community Rewards Program to help AAUWNN achieve its financial goals! Go online to <https://www.kroger.com/o/store-services/community-rewards>. Sign in using your email address and designate American Association of University Women Northville–Novi as the recipient of your rewards. If you do not already have a Kroger Plus Card, you will be issued one.

BIG FROG

Sign up from the homepage of our website: <https://aauwnn.org/>. Scroll down to Spirit Wear and click to be linked to Big Frog, Novi.

Secretary
Caryn Doepler
caryn@wowway.com



BOARD BRIEFS

Your board met by Zoom on Tuesday, March 24

- President Zyczynski reported that plans for the Annual Meeting at the Garage are underway.
- Watch the newsletter for opportunity to nominate our honoree. John MacLaren will be our community honoree.
- Career Path Days are May 22 and May 29
- Our Branch will participate in the Novi Community Impact Day on May 13.
- There are no candidates for President and Secretary. Conversations included creative ideas for leadership to keep our branch functioning.
- Fashion Show tickets are available until 4/6. All 6 fashion designers also have accessory tables.
- Twenty-seven have registered for the Mah Jongg tournament.
- Ruth Rickard is in communication with Schoolcraft College regrading celebrating our NCCWSLL students.
- Novi High School scholarship winner are selected. Northville High School winners will be selected by 4/13. Students and mothers will be our guests at the Annual Dinner.
- Participation in our branch programs will be an ongoing discussion. Caryn Doepler will highlight our interest groups for the newsletter to give them more visibility.



**JOIN US FOR A DAY OF PARTICIPATION IN
COMMUNITY IMPACT DAY IN NOVI**

AAUW Northville-NOVI is proud to join Michigan Chamber of Commerce and Chambers across Michigan for Community Impact Day on May 13, 2026, 1-4pm on a united effort to make both a local and statewide economic impact that strengthens our communities and helps build a better Michigan. By coming together for one powerful day of service, we'll create visible change and lasting benefits for those who live and work here.

Here in Novi, our inaugural Leadership NOVI class is spearheading this movement, showing how tomorrow's leaders are ready to make a difference today. Together, we'll connect churches, schools, non-profits, and community organizations with teams of volunteers eager to roll up their sleeves and get to work.

The projects submitted so far offer a wide range of opportunities for volunteers, including:

- Painting community spaces including an escape room and a children's bike track
- Planting shrubs and restoring gardens at Villa Barr Art Park
- Spring cleanup and beautification at ITC Community Sports Park and Lakeshore Park
- Packing bags for veterans and connecting with residents in independent living and memory care
- Supporting inclusive microbusiness projects with PARClife learners creating tie dye shirts, candles, and artwork
- Preparing summer camp materials and building outdoor play items for local youth
- Painting a large community mural designed for volunteers of all ages
- Book plating for literacy initiatives

How it works:

- Please contact Mary Jane Kearns at mjkearns1@outlook.com or 248 449-8693 to participate. (You won't be alone. There are already three of us signed up.)
- When all the projects are submitted, the Chamber will send out the list to all the volunteers to sign up for a site/project (early April).
- Volunteers participate on May 13, 1-4pm
- At 4pm all volunteers, project site managers and projects are invited for a community celebration at Lakeshore Park Pavillon.

Northville–Novi (MI) Update



**Michigan Fashion Designer
Showcase Luncheon 2026
Saturday, April 25, 2026
9:15 AM – 1:15 PM**

**VisTaTech Center, DiPonio Room, Schoolcraft College
18600 Haggerty Road, Livonia, MI 48152
Tickets - \$75 each Table of 8 - \$600**

RESERVE YOUR TABLE OF 8 OR ANY NUMBER OF INDIVIDUAL SEATS.

Please complete and mail form with check by April 6, 2026.

Tables are guaranteed upon receipt of payment.

Go to <https://aauwnn.org/mfds> to purchase tickets online.

Name _____

Phone _____

Email _____

Number of tables _____ x \$600 = \$ _____

Number of tickets _____ x \$75 = \$ _____

Please make checks payable to AAUWNN

You will be emailed your table number reservation one week prior to the date of the event.

NO REFUNDS

The maximum number of persons per table is 8. Please list all names (including yourself) below. Note below if you would like to sit with someone who is purchasing their ticket separately.

Payment by check payable to AAUWNN
Mail form and payment to:
AAUWNN Fashion Show
P. O. Box 511
Northville, MI 48167

Questions? Email: info@aauwnn.org or call 734.306.3991

For office use only:
Date _____
Time _____
Initials _____

Northville–Novi (MI) Update

Daytime Book Group

Marian Brockie, Contact

On Thursday, April 9, 2026 we will discuss “A Girl Called Sampson” by Amy Armon. Group discussion. This is a Zoom meeting from 10:00 - 11:30 A.M.

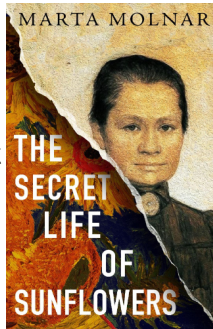


Also, for more information on joining this group please contact Marian Brockie at mbrockie@umich.edu

Evening Book Group

Mary Jane Kearns, Contact

On Monday, April 27, 2026 at 7:00 P.M. we will discuss “Secret Lives of Sunflowers” by Martha Mohnar. A gripping, inspiring novel based on the true story of Johanna Bonger, Vincent van Gogh’s sister-in-law. Discussion leader is Mary Jane. This is a Zoom meeting.



The complete list of books for 2025-2026 can be found on our website by [clicking here](#) or from our home page, click on About Us, then click on Interest Groups and Evening Book Club.

New members are always welcome. Please contact Mary Jane for details at: mjkearns1@outlook.com

Mah Jongg

Mary Jane Kearns, Contact

The Mah Jongg group plays Friday afternoons at members’ homes.

The April schedule is as follows:

April 3 Ruth
April 10 Rhonda
April 17 Carol
April 24 Fashion Show Prep

We enthusiastically welcome our recent new members. Interested in joining us? Contact Mary Jane Kearns to join us at: mjkearns1@outlook.com (248) 449-8693



Bridge Group

Marian Brockie, Contact

The Bridge Group **WILL NOT BE MEETING IN APRIL**. Play will resume in May.



For more information on joining contact Marian Brockie at mbrockie@umich.edu.

Restaurant Rovers

Joyce Murdock, Contact

There is no March gathering.

We will meet at Granite City, 39603 Traditions Dr., Northville, at 6 p.m. on April 22. This is the fourth Wednesday of April instead of the third Wednesday, which is April 15, Tax Day.

If you would like to join this group, please contact Joyce Murdock at (313) 381-2350 or jgmurdock12051942@wowway.com



Movie Goers

Rhonda York, Contact

Movie Goers are meeting the first Tuesday of the month. Rhonda will send an email to those on the list.



To be added to the list or for information, contact Rhonda York at ryork03@gmail.com

Great Decisions

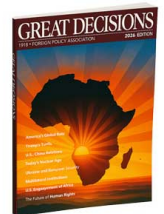
Mary Jane Kearns, Contact

The Great Decisions group will meet over Zoom on Tuesday, April 21, 2026 at 1:30 P.M.

We will discuss Chapter 3 from the 2026 Great Decisions discussion book. “**U. S.- China Relations.**”

The book for 2026 is now available at <https://fpa.org/product/great-decisions-2026/>

We encourage new members and guests. For more information and a Zoom invitation contact Mary Jane Kearns at mjkearns1@outlook.com or (248)449-8693



Northville–Novi (MI) update

MICHIGAN FASHION DESIGNER SHOWCASE LUNCHEON 2026 SPONSORS
PLEASE FREQUENT THEIR BUSINESSES



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Laser

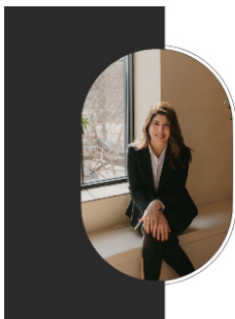
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Articles for the May, 2026 issue
due **April 20, 2026** to:

Mary Ann MacLaren
info@aauwnn.org

AAUW Northville–Novi (MI) Calendar of Events

visit the website for more information at

<https://aauwnn.org/>

Board Meeting	Fourth Tuesday, 6:45 P.M.
Bridge Group.....	Wednesdays, 1:00 P.M.
Day Book Group... ..	Second Thursday, 10:00 A.M.
Evening Book Group.....	Fourth Monday, 7:00 P.M.
Great Decisions	Third Tuesday, 1:30 P.M.
Mah Jong.....	Fridays, 1:00 P.M.
Restaurant Rovers.....	Third Wednesday, 6:00 P.M.